

JOINT SCHOOL DISTRICT No. 365

BRUNEAU – GRAND VIEW

Rimrock Jr. Sr. High



March 24, 2017

Dear Parents,



In the closing months of our school year, our 6th grade students will be re-visiting the VictimProof curriculum from Tom Thelen.

The U.S. Government defines bullying as “unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both kids who are bullied and who bully others may have serious, lasting

problems.” (www.stopbullying.gov). The site also describes three types of bullying: Verbal, Social, and Physical (and I add a fourth type – cyberbullying, which is an electronic combination of verbal and social bullying). Take some time to research each type, as our students will be discussing them in-depth this Spring.

The VictimProof approach to bullying is to empower students to drop the victim mindset and to overcome bullying from the inside out, ultimately leading to a whole-school cultural shift toward kindness, acceptance, and respect. It’s a stark contrast from the typical “Don’t be a bully!” message, or the “Report all bullying!” byline. Of course we want kids to stop bullying, and of course we want them to report bullying, but that’s just scratching the surface. The real solution is so much more than that.

Your 6th grade students have worked with Tom’s material before, at the grade school last year. we’ll be revisiting the lessons to wrap-up our year, and analyzing to this time as one to potentially expand on in future years here at Rimrock.

For more information about Tom’s VictimProof, or to download his free e-book, please visit: <http://victimproof.org/about/>

Sincerely,

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